

"Tell me and I forget. Teach me and I remember.
Involve me and I learn."

- Benjamin Franklin

Earth Month B I N G

WATCH AN ENVIRONMENTAL DOCUMENTARY*	LEARN ABOUT YOUR LOCAL RECYCLING PROGRAM*	CHECK YOUR RECYCLING BIN! DID YOU RECYCLE PROPERLY?	PREPARE A PLANT BASED MEAL	REDUCE YOUR FOOD WASTE* EAT SMART & WASTE LESS FOOD
GO THROUGH YOUR WASTE & SEE WHERE YOU CAN CUT BACK OR MAKE CHANGES	MAKE 5 ZERO WASTE SWAPS	TRY A COMPOST EXPERIMENT*	FIND OUT HOW LONG IT TAKES FOR A PLASTIC WATER BOTTLE TO BREAK DOWN*	RESEARCH BIOPLASTICS* WHAT ARE THEIR PROS & CONS?
RESEARCH MICROPLASTICS* WATCH STOP (MOTION) MICROPLASTICS VIDEO	CREATE HOME HAZARDOUS WASTE COLLECTION BINS	BRING A TRASH BAG ON YOUR WALK AND COLLECT TRASH! USE PROPER PPE	DIY SOMETHING OUT OF AN ITEM YOU PLAN TO THROW AWAY OR DONATE!*	FIX CLOTHES WITH HOLES OR RE-PURPOSE INTO SOMETHING NEW*
REMEMBER THE 3 R'S - REDUCE, REDUCE, & RECYCLE? LET'S MAKE IT \$\frac{5}{2} R'S ADD RETHINK & REFUSE	CREATE A WATERSHED & DISCOVER HOW TRASH ENDS UP IN OUR WATERWAYS*	READ AND/OR LISTEN TO AN ENVIRONMENTAL BOOK	BUY ESSENTIAL ITEMS IN BULK 40 OZ JAR OF PEANUT BUTTER VS. 16 OZ JAR	EACH MEMBER OF YOUR HOUSEHOLD COLLECT THEIR TRASH FOR 1 DAY & SEE WHO HAS MOST/LEAST
REDUCE PAPER WASTE*	PLAY TRASH JEOPARDY*	JOIN A FREE ENVIRONMENT FOCUSED WEBINAR*	WRITE OR TELL A STORY ABOUT A PIECE OF TRASH YOU FOUND OUTDOORS	TAKE PICTURES OF YOU DOING THESE ACTIVITIES & SHARE YOUR EXPERIENCES!

*Additional resources available at bit.ly/betrashfree

Tag 3 people to join the challenge!



